

THE BULLETIN

HGH FOUNDATION NEWSLETTER – FALL 2022



The Foundation Celebrates HGH's Official Opening & Unveils New Donor Recognition!

Leadership supporters gathered for a first glance at the new donor recognition signage honouring their generosity



On June 16, 2022, the HGH Foundation welcomed more than 130 guests to HGH for a garden party to celebrate the hospital's official opening and unveil its donor recognition program. The new donor wall is located near HGH's main entrance, and donor plaques and murals are displayed throughout the hospital recognizing donors' generosity in supporting HGH.

Mr. Marc LeBoutillier, CEO of HGH, thanked donors in attendance and throughout the community for their incredible impact in making the hospital's \$200 million redevelopment project a reality. Although COVID-19 restrictions kept the event small, we share his thanks with you, as each and every donation has helped build the new HGH and your support continues to bring important new specialty services to Hawkesbury.

The evening's speeches were topped off with a wonderful gift as Mr. Bill Harden and his family presented the HGH Foundation with the funds to purchase a third echocardiogram. One of the most in demand services at HGH with 90 new requests each week, an additional machine will ensure cardiac patients receive vital care and diagnosis more quickly and with the best tools possible.



Donors were also invited for a short tour of HGH including a behind the scenes look at the new MRI funded by the community and a presentation on new 3D mammography technology HGH hopes to acquire.

We hope to welcome many of you for a tour over the coming year to see the impact of your support of our new hospital! Should you have any questions about the Foundation's donor recognition program, please contact our office.

More than **\$105,000** raised for the HGH Foundation, thanks to the Golf Classic and La Baie Run!

The HGH Foundation is pleased to announce that its 40th Golf Classic tournament and the fourth annual edition of La Baie Run were both a huge success. Thanks to the sponsors, participants, donors, and volunteers, the events raised more than \$105,000 in support of the hospital!

The Golf Classic was held on July 6th at the Hawkesbury Golf and Curling Club and raised more than \$55,000! La Baie Run was held on July 23rd at L'Orignal Municipal Park and raised \$50,000!

Golf Classic

During the tournament, 160 participants got to enjoy delicious food, drinks, and activities while golfing. There were some amazing prizes awarded, including three draws of \$1,000 cash, a BBQ, a television, an outdoor fireplace, a kneeboard, and many more. A delicious dinner was served to end the great day.

Not only did the tournament raise a record profit for the hospital, but we were able to be back in person to celebrate the 40th anniversary of the event, which has raised more than a million dollars for HGH since its inception.

Thank you to the major sponsors for this event: Emond Harnden Labour & Employment Law, The Friends of HGH, ALX Legal, Hawkesbury Hyundai, and Maximum



Powersports. Thank you also to all the other sponsors and donors, as well as the golfers and the volunteers that made the event possible!

La Baie Run

More than 350 runners and walkers participated in their choice of a 1 km, 5 km, 10 km, or half marathon followed by awards, live music, and all kinds of free treats!

An annual event organized by a group of generous community volunteers led by Patrick Lalonde, physiotherapist and owner of Lalonde Physio, Geneviève Thibodeau and Sébastien Lalonde, La Baie Run has now raised a total of \$100,000 to help bring new specialty services to HGH.

The Teams Challenge, a competition which encourages a group of individuals to fundraise together, was won for the second year in a row by Team Tulmar who raised more than \$10,000!

This year's edition was presented by major sponsors, Prescott-Russell Employment Services Center, Green Beaver, Harden, Tulmar, Ivaco Rolling Mills, and the Catherine and Michel Bertrand Family. Thank you to all the sponsors, donors, participants, and volunteers for their amazing support!



HGH is looking for bilingual volunteer patient advisors in the community!

Patient Advisors contribute to the patient experience by participating in Program Councils (departmental quality improvement forums), various projects, and the Patient and Family Advisory Council (PFAC). If you are interested in sharing your point of view about patient care and organizational processes, please contact HGH Patient Relations by email at patientrelations@hgh.ca or call 613-632-1111, ext. 62050. Ideal candidates are bilingual, share HGH's values, and are open to sharing their experiences and ideas in a collaborative way.



The Best Way to Beat Breast Cancer? Early Detection. And You Can Help!

DIANE'S STORY

"In March 2018, the result of an annual mammogram required further tests that led to a biopsy and then a diagnosis of breast cancer. Needless to say, this was a shock for me and those around me. I am a healthy, active woman that leads a well-balanced lifestyle. The mammogram, ultrasound and biopsy all took place at HGH, in the utmost professionalism and, above all, in complete confidentiality.

Just about one month after my diagnosis, I underwent a lumpectomy that was followed, after my recovery, by radiotherapy treatments.

Today, four years after a diagnosis that put a damper on a year that was shaping up just like any other, I speak openly about my experience with breast cancer and can confirm to you that the early diagnosis undoubtedly contributed to my complete recovery.

HGH now hopes to acquire a 3D mammography unit which will enable even earlier detection of breast cancer. I accepted to share my story, because it demonstrates the importance of early detection. Acquiring such a unit will no doubt be beneficial to our entire region!"

- Diane Drapeau

It's scary to think that 1 in 8 Canadian women will develop breast cancer in her lifetime! However, the good news is that the earlier breast cancer is detected, the better a woman's chance is of conquering the disease. And you can help.

HGH needs our help to purchase **3D mammography technology**, which not only provides a more detailed image, but enables a simple exam that is quicker and less painful. Most importantly, it can also detect cancer even before symptoms appear!

This modern and versatile technology will help throughout the entire breast health continuum, from screening to biopsies to surgery to specimen evaluation.



*Breast Health Continuum (*Source: Hologic)*

- The **screening** device, called breast tomosynthesis, is an advanced type of breast imaging that uses low-dose X-rays and computer reconstruction to create a 3D image of the breast. The images provide outstanding detail and clarity, enabling the detection of up to 65% more invasive breast cancers than conventional 2D technology!
- A new mammography unit would allow HGH to continue offering stereotactic **biopsies**, which help diagnose cancerous cells in tissue. It would even allow biopsy for small suspicious calcifications that the current unit at HGH does not. The new mammography technology is a vacuum assisted breast biopsy system that integrates tissue acquisition, real-time imaging and verification, as well as post biopsy handling. This removes unnecessary steps to streamline and shorten procedure times by an average of 13 minutes.
- To prepare for **surgeries**, the new mammography system will allow for wire and radioactive free localization of abnormal tissue to allow surgeons to locate even the smallest non-palpable tumours. It is designed to be easy to use and to help surgeons remove lesions more efficiently, while also increasing patient comfort.
- The system will also allow better post-surgery **sample quality evaluation** – right in the surgical suite, making this step a lot more efficient.

As you can see, donating towards this important advanced mammography technology will contribute to significant improvement in the early detection and diagnosis of breast cancer. Your gift will save lives!



The HGH Foundation's 50/50 raffles are now monthly!

The HGH Foundation's next 50/50 draw is at the end of September. Draws will then be held each month; so, please visit our website on a regular basis to buy your tickets each month.

www.rafflebox.ca/raffle/fhghf

Tickets available for purchase until September 29:
5 for \$10 • 15 for \$20 • 40 for \$40 • 100 for \$75

Draw:
September 30, 2022

You must be using an electronic device in Ontario to purchase tickets online - BUT no matter where you live, you can participate. If you are unable to purchase your tickets online, you may purchase them in person, in cash, directly from the HGH Foundation's office during their office hours. You must be 18 years or older to play.

To learn more, please visit our website: <https://hgh.ca/foundation/events/50-50-draw/>

Please play responsibly. Ontario Problem Gaming Helpline: 1-866-531-2600 www.ConnexOntario.ca AGCO Lottery License # RAF1265334

Please support the HGH Foundation by returning this form with your tax deductible gift in the enclosed postage paid envelope. Your gift will be used to fund our entire mission. Thank you for your support!



YES! I would like to make a donation to the HGH Foundation.

Here is my gift of \$_____

You will find enclosed my cheque payable to HGH Foundation. **OR** Please charge to my account: VISA MASTERCARD AMERICAN EXPRESS
_____ Expiration date ____ / ____

Name of donor : _____

Address : _____

Phone : _____ Email : _____

Signature : _____

- Please send me information about leaving a gift in my Will
- Please contact me to arrange an automatic monthly gift
- I no longer wish to receive the HGH Foundation's newsletter

1111 Ghislain Street, Hawkesbury, ON K6A 3G5
Tel.: 613-632-1111, ext. 21101 | www.hghfoundation.org

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