

THE BULLETIN

HGH FOUNDATION NEWSLETTER - SPRING 2024



IT'S HERE

New 3D mammography
technology for HGH



pink
EDITION

YOU

made this
possible!

We made it happen, thanks to your generosity !

On January 18th, we could definitely feel the energy in HGH's corridors. Making its way through patients and staff towards its future home (the Medical Imaging Department), it was already attracting their attention and curiosity. But what most of them did not know is that it was coming here to save lives...

We've been talking about it for years! After a lot of hard work, but above all your incredible support and generosity, the new 3D mammography machine is finally here and has been in use since February. Many people are grateful for your help.



Image : escouade multimedia

Dr Marc-Antoine Henry, Chief of Radiology at HGH:

"Thank you from the bottom of my heart for giving HGH's radiologists access to state-of-the-art technology and the opportunity to provide better care. You have given our technologists a more efficient and ergonomic machine. And thank you on behalf of the patients who will be able to receive a better diagnosis. Thank you very much. Never underestimate the impact of a donation for HGH, it really helps us to provide quality care."



Image : escouade multimedia

Erin Tabakman, HGH Foundation's Executive Director:

"I can't thank you enough. I am one of the thousands of people who will benefit from this technology, as will my mother, my friends, my colleagues and so many others you and I both know and care about. Together, as donors, we are making a difference in the lives of HGH's patients!"



Image : escouade multimedia

Frédéric Beauchemin, HGH's Chief Executive Officer:

"I'd like to say a big thank you to our donors. You make a difference by giving to the Foundation. Thanks to you, we can acquire equipment such as the new mammography machine. The arrival of this technology enhances our ability to deliver exceptional care."



**Francine Wathier,
one of the first HGH patients
to receive a mammogram with
the new machine:**

"I've been donating to the Foundation for years, and now to be able to benefit so directly from this investment is moving! The examination went well, but what I'm happiest about is knowing that this new technology has the ability to detect breast abnormalities and cancers at an early stage. It brings peace of mind. I thank the Foundation and all the donors for making this possible for me and other HGH patients!"

**WANT
TO
KNOW
MORE?**



The **escouade multimedia** team came to commemorate the arrival of the new mammography machine. We had a lot of fun shooting this video for you: check it out!

Why supporting the Phase 2 of Ophthalmology

is such a focal point for me...

We often imagine eye disease as something that only impacts us later in life, but I am proof that this is not always the case. My name is Eve, and I was diagnosed with an inflammatory retinal disease when I was only 24 years old. Soon after, at 32, due to complications, I developed a cataract and had to have it surgically removed. *These last 14 years have been full of emotions and twists and turns when it comes to my eyes!*

When things are going well for me, I see my ophthalmologist a few times each year. On the other hand, during inflammatory attacks, the situation can quickly spiral out of control, and I have to go to the hospital up to twice a week.

Unfortunately, my appointments are not in Hawkesbury, as the care I need is not offered at HGH. At least not yet. For the moment, I have to travel to Ottawa. I say “I,” but the reality is that I rarely travel alone for my appointments and follow-ups. Why? Because for me, as for many ophthalmology patients, each visit inevitably involves pupil dilation and it takes several hours before my vision returns, so it’s impossible for me to drive. An ophthalmology appointment means that I have to take time off from work, as does the person who accompanies me. As a mother of two young boys, I also remember a time not so long ago when I had no choice but to bring my boys along with me, as babies, during those long hours in the hospital. Now that my children are a bit older, I still have to make arrangements to have them looked after. You see, my ophthalmology appointments are rarely simple!

Having an eye disease means living through moments when our vision deteriorates, sometimes greatly. Sometimes it’s a matter of weeks before it gets better, but sometimes it’s months. And there are also times when changes to our vision are here to stay, and we simply have to learn to live with that. It may be no surprise to know that I often cried in my specialist’s office: from fear, from apprehension, but also from joy and relief. For me, an appointment always involves much more than eye images, exams or injections. It involves emotions. Often big emotions, because our eyesight is precious.

The HGH Foundation is now asking for your help to bring more ophthalmological services to HGH. This will impact the lives of thousands of people, including mine. In a world where we are all trying to find balance, not having to juggle the distance of my ophthalmology appointments will be a first and huge step towards a little more simplicity. Thank you from the bottom of my heart for your contributions to making this possible for so many of us who need this important care.

Eve patient, donor... and new addition to the Foundation team!

OUR TEAM IS **growing**

Two new faces joined the Foundation's team:

Welcome
Eve and Ashley!

From left to right:
Eve de Grosbois,
Natacha Wathier Jean-Louis,
Erin Tabakman,
Ashley Tillotson.



Consider offering a unique gift



Janet and Kenneth Unsworth have been proud donors to the HGH Foundation for over 16 years now. For this couple, who are clearly still in love, there are many good reasons to support the development of their hospital. Even more so since Kenny recovered at HGH following quadruple coronary bypass surgery in 2016. Since then, his wife Janet has been doubling down on her creativity to give to the Foundation, and a way she found to collect funds? Offer a donation to the HGH Foundation as a gift!



"At our stage of life, we tend to focus on our health. With that in mind, we choose to support HGH by donating to the Foundation as a hostess gift, birthday gift, and as an anniversary gift."

Whether it's for a birthday party, graduation or even retirement, you too can support the HGH Foundation at your next special event.

When Janet and Kenny donate to the HGH Foundation as a gift, not only are they showing generosity, but at the same time they are promoting our hospital and our mission to their network of friends and acquaintances. This is extra special!

"Kenny and I would encourage others to do the same. We believe the HGH to be a precious jewel in our community."

- Janet et Kenny
creative and generous donors

Please support the HGH Foundation by returning this form with your tax deductible gift in the enclosed postage paid envelope.
Your gift will be used to fund our entire mission. Thank you for your support!

YES! I would like to make a donation to the HGH Foundation.

Here is my gift of \$ _____

Online donation :
hghfoundation.org

Enclosed is my cheque, payable to:
HGH Foundation

OR

Please charge my credit card:

VISA

MASTERCARD

AMERICAN EXPRESS

_____ Exp. date : ____ / ____

Name of donor : _____

Please send me information about leaving a gift in my Will

Address : _____

Please contact me to arrange an automatic monthly gift

Telephone : _____ Email : _____

Signature: _____

I no longer wish to receive the HGH Foundation's newsletter