



THE BULLETIN

HGH FOUNDATION NEWSLETTER – SPRING 2025



A colourful initiative brings smiles to young patients at HGH

Your generosity is helping to provide colouring sets to families visiting HGH's Emergency Department



Photo by Vonroe Photography

A colourful and heart-warming project

Every year, the HGH Emergency Department welcomes nearly 5,600 children. As you can imagine, it can be a long and anxious wait for little patients. To keep them entertained while waiting for treatment, the ED team called on the HGH Foundation to help provide each child with a special colouring book and pencils.

The project was entrusted to Eve de Grosbois, Donor Relations Officer at the Foundation. From the outset, she enthusiastically took on the task, but was soon disappointed by the options available on the market, which she found too generic. "What I found wasn't super pretty, nor personalized, and above all made on the other side of the planet," she explains. She then decided to find a more original and meaningful solution, by associating HGH with PiCO, a Canadian company renowned for its creative products for children.

Convinced that they could create something special, Eve contacted the company's owners, who were touched by the project and immediately got on board, even volunteering to do all the graphics for the book. The result: a colouring book tailor-made for HGH, with captivating drawings to entertain and reassure children. And a charming detail, the cover proudly features Dr. Leo the Lion, the Foundation's little stuffed animal!

A touching element that Eve made a point of integrating into the colouring book was a special page children can colour and write a thank-you message to someone at the hospital they particularly appreciated during their visit. This page, which they can then detach and offer a staff member, is a small gesture of gratitude that helps strengthen the bond between the children and the caring staff.



"I'm so happy with the final result! The whole colouring book is beautiful, but I especially love the thank-you page; it's a great way for children to show their appreciation to those who have helped them, in their own way."

-Eve



The distribution of the colouring sets began last November, much to everyone's delight!

This initiative would not have been possible without the financial support of two of the region's school boards, who sponsored 66% of the funds needed to carry out the project. By participating in this way, the Public and the Catholic French school boards of Eastern Ontario perfectly illustrate the spirit of solidarity and goodwill that animates the entire HGH community.

So, the next time you visit HGH, keep your eyes open for beautiful masterpieces of gratitude, created by the little patients, thanks to your generosity!

Taking care of those who take care of you



Not a day goes by without the HGH Foundation receiving compliments from donors about the care they received at HGH. The underlying message is always the same: it is the staff and physicians who make our hospital so special. **We know you are deeply grateful for the exceptional care provided to HGH patients and their families every day.**

This is why the Foundation has provided all staff at HGH with one-year access to the new Recharjme cabin. Available 24/7, this special cabin is equipped with a heated massage chair, guided meditation sessions, and light therapy to help staff and physicians take a moment to relax and recharge.

By enhancing staff well-being, we know we indirectly benefit patient care, ensuring that our hospital remains a place of exceptional care and compassion.

"I appreciate the fact that we have this tool at our hospital, where we can get a quiet, zen and peaceful time on our breaks. It relaxes and recharges us to continue and finish our day. Thank you HGH Foundation for this equipment!"

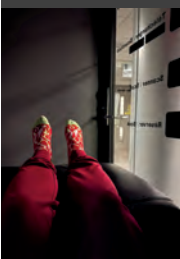
-Justin Espinosa, Registered Nurse

"The Recharjme cabin allows me to recharge and gives me the energy to continue my day with a smile!"

-Louise Rock, Clinical Manager

"It's just amazing! When the chair goes zero-gravity, you feel the heat on your back and the massage and the little music you chose starts, you forget you are still in your work environment! This is an amazing gift for all the employees and very easy to schedule on your phone! Thank you so much."

-Glikeria Gogas, Registered Practical Nurse



A memorable concert for the HGH Foundation

On December 1, the Foundation's very first holiday concert, featuring **Manon Séguin and Christian-Marc Gendron**, brought the community together in the magnificent setting of the Saint-Pierre-Apôtre Church... and filled the place!

Thanks to the generosity and support of all participants and sponsors, over \$27,000 was raised for our hospital. A huge thank you to everyone who contributed to this superb evening!

The Foundation was able to help HGH because of YOU!

HGH recently asked the Foundation to help purchase the **Jackson Spine Table** in order to offer spine surgery in Hawkesbury. The need in our community was clear and we have contributed \$175,000. We're thrilled to report that HGH's first spine surgery took place on January 6, 2025!



You see, the Foundation is committed to addressing urgent needs and acquiring advanced equipment and care to reduce the necessity of redirecting patients outside of HGH. We are deeply dedicated to meeting the critical needs of HGH's patients, but this is only possible thanks to the unwavering support of wonderful donors like you! Thank you!

We're almost there!

Our fundraising campaign, *There's No Place Like Home*, will soon be over! You have helped transform the services and care offered at HGH. Thanks to YOUR generosity, nearly \$2.6 million has been raised so far, allowing our hospital to purchase specialized equipment and introduce new medical and surgical procedures to better serve you and your loved ones.



But, we still need your help!

Just under \$230,000 remains to be raised to reach our campaign goal. These funds will help expand the urology program and complete the expansion of the ophthalmology program to provide the highly demanded diagnostics and treatments at HGH, which patients currently have to travel to major centers to receive.

With 92% of our goal reached, we hope to be able to celebrate the completion of the campaign this spring!

Our accomplishments

Mammography : In February 2024, tomosynthesis, a 3D mammographic imaging technology, arrived at HGH! This advancement is crucial for the early detection and treatment of invasive breast cancer, thereby increasing the chances of recovery.

Endoscopy : The equipment for a second endoscopy suite has doubled the number of procedures performed at HGH since fall 2024. This increase is essential for cancer prevention and detection.

Ophthalmology : Phase 1 of ophthalmology has allowed for cataract surgeries to be performed at HGH since December 2021.

Orthopedic Surgery : The purchase of specialized equipment has enabled orthopedic interventions, including hip and knee replacements, to be performed at HGH since December 2020. This has not only improved access to care for patients but also reduced waiting times.

Cardiology : Acquisition of a third transthoracic echocardiography (TTE) suite in March 2023. This new installation has significantly increased the capacity for weekly exams, providing faster and more accurate diagnoses.

Every contribution, big or small, makes a difference. Please support the HGH Foundation by returning this form with your tax deductible gift in the enclosed postage paid envelope. **Your gift will be used to fund our entire mission.**

YES! I would like to make a donation to the HGH Foundation.

Here is my gift of \$ _____

Enclosed is my cheque, payable to:
HGH Foundation

OR

Please charge my credit card:

VISA

MASTERCARD

AMERICAN EXPRESS

_____ Exp. date: ____ / ____

Name of donor: _____

Address: _____

Telephone: _____ Email: _____

Signature: _____

Please send me information about leaving a gift in my Will

Please contact me to arrange an automatic monthly gift

I no longer wish to receive the HGH Foundation's newsletter

Charitable Registration #118921592 RR0001

Thank you for being the kind of person who cares for HGH.

Online donation:
hghfoundation.org