

PSYCHOSIS WARNING SIGNS

The warning signs of psychosis may be subtle at first, but they represent a change from the person's usual behaviour.

A person exhibiting these signs should be evaluated by a team of professionals.

MENTAL CHANGES

- Difficulty concentrating or following a conversation
- Disorganized or slower speech or thoughts
- Unusual suspicion or paranoia
- Strange or unusual ideas, including false beliefs (difficulty distinguishing reality from imagination)
- Hallucinations (seeing or hearing things that others do not perceive)

EMOTIONAL AND SOCIAL CHANGES

- Emotional withdrawal (appearing detached or showing fewer reactions) and decreased communication
- Increased anxiety or a feeling of being constantly on guard
- Irritability or mood swings
- Loss of interest in activities once enjoyed
- Social withdrawal and isolation
- Decreased energy or motivation
- Significant decline in performance at school or work

The earlier psychosis is recognized, the higher are the chances of recovery.

Early intervention helps reduce the impact on personal, family, academic, and professional life, and promotes a faster return to daily activities.

DOUBTS OR CONCERNS?

The Early Psychosis Intervention Program offers information and support.



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Option 2