

INTERCONNECTED INTERVENTIONS

1. Personalized medication management



Treatment is tailored to each individual to reduce symptoms whilst minimising side effects. The team closely monitors progress and makes adjustments as needed.

2. One-to-one resilience training



The individual develops tools to better manage their stress, emotions and everyday difficulties, in order to strengthen their ability to cope with challenges.

3. Supported employment and education



Support is provided to help individuals return to school or work, with practical assistance to achieve and maintain these goals.

4. Family education



Family members and loved ones receive information and support to better understand psychosis, foster good communication and contribute to recovery.

5. Peer Support



The individual can connect with others who have had similar experiences, which helps break down isolation and build hope.

Doubts or concerns? | The Early Psychosis Intervention Program offers information and support.



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Option 2