

IMPORTANT INFORMATION

CATARACT SURGERY

Perioperative services



ABOUT THE SURGERY

- + Medication will be administered to provide light sedation and help you relax.
 - o You will remain conscious throughout the procedure, which will allow you to follow the medical team's instructions.
- + Procedure duration: 15 to 30 minutes.
- + You will lie down with your eyes focused on a bright light.
- + An instrument will keep your eye open during the procedure.
- + The surgery is generally not painful. You may feel a sensation of water running over your eye and a slight pressure.
- + The cataract will be removed and replaced with a soft lens, designed to remain in place permanently.
- + If the surgery is scheduled at another facility, please inform the team promptly at 613-632-1111, ext. 52339, so that the appointment can be reallocated to another patient.
- + If the symptoms do not significantly affect daily life, the surgery may be postponed.

ACTIVITY RESTRICTIONS

For 2 weeks

- Avoid rubbing your eye or applying any pressure.
- Avoid bending over or lifting heavy objects.
- Avoid strenuous physical activity.
- Avoid gardening, dusty environments, swimming, and using a spa or jacuzzi.

For 1 week

- Avoid any contact with water or soap in the eye.

POST-SURGICAL FOLLOW-UP

Two follow-up appointments are required:

On the day of or the day after surgery (to check intraocular pressure) and a few weeks after surgery.

You must be accompanied by someone for both of these appointments.

Your optometrist may reassess your prescription for glasses approximately six (6) weeks after surgery.

SIGNS TO WATCH OUT FOR

Immediately go to the Emergency if you experience:

- Discharge
- Eye pain
- Swelling
- Increasing redness
- Impaired or worsening vision

INTRAOcular LENS (IOLs) OPTIONS

Please note that some advanced intraocular lenses are not suitable for everyone, particularly in cases of specific eye conditions. Your ophthalmologist will assess this on a case-by-case basis. Furthermore, the cost of advanced intraocular lenses depends on your provincial health insurance cover.

Feature	Standard	Tecnis	Eyhance	Pure See	Odyssey
Distance Vision	Excellent	Excellent	Excellent	Excellent	Excellent
Computer Vision	Fair	Fair-Good	Good	Very Good	Excellent
Reading Vision	Limited	Limited	Limited-Fair	Fair-Good	Very Good-Excellent
Chance of Reducing Dependence on Glasses	Low	Low	Low-Moderate	Moderate	High
Night Driving	Excellent	Excellent	Excellent	Excellent	Good
Halos-Starbursts	Very Low	Very Low	Very Low	Very Low	Higher
Best for Patients Who Wants...	Lower Cost	Small upgrade over a basic monofocal	Better computer vision	More range of vision	Maximum freedom from glasses
Ontario Cost	Free	\$160 \$860 Toric*	\$535 \$1,160 Toric*	\$1,310 \$1,660 Toric*	\$1,310 \$1,660 Toric*
Québec Cost	Free	\$310 \$1,010 Toric*	\$685 \$1,310 Toric*	\$1,460 \$1,810 Toric*	\$1,460 \$1,810 Toric*

*Toric lenses correct astigmatism. The first price is for patients without significant astigmatism; the Toric price applies when astigmatism correction is recommended.*Includes a surgical planning fee of \$250.

FOR ALL NON-URGENT ENQUIRIES

Please call your optometrist or HGH Outpatient Clinic:
613-632-1111, ext. 52202