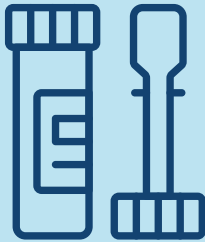


CALPROCTIN

Instructions for collecting a Stool Sample

HOME COLLECTION INSTRUCTIONS



The attending doctor has prescribed the analysis of one or more stool samples. The stool samples must be collected at home in the provided container, and the sample must then be taken to HGH.

To ensure the accuracy of the results, the following instructions must be followed.

QUESTIONS OR CONCERNS?

Clinical hours: Monday to Friday, 7.30 a.m. to 3.45 p.m.

- Please contact us at 613-632-1111, extension 51214
- Closed on public holidays



PLANNING THE COLLECTION

- Schedule the sample collection so that you can drop off the sample at the Sample Collection Centre during drop-off hours, which are from **7:30 a.m. to 6:00 p.m.**
- Do not collect samples at the weekend, as they will not be analyzed in time to ensure their integrity.
- Take the stool sample directly to the **Sample Collection Centre**.
- Do not leave it at the main entrance or at reception.

INSTRUCTIONS

Before sample collection

- Stop taking non-steroidal anti-inflammatory drugs (NSAIDs), such as naproxen, ibuprofen or aspirin, at least 2 weeks before collection, unless advised otherwise by a doctor.
- Pick up a sterile container with a spatula, as well as a wooden stick from HGH and, if requested, a basin.

Time of collection

- Collect stool in a clean, dry, disposable container or in a basin, if requested.
 - A plastic film can also be used. To do so:
 - Place the plastic film under the toilet seat
 - Avoid any contact with toilet water, urine or toilet paper.
- Transfer a golf-ball-sized portion of stool into the sterile container using the spatula attached to the lid.
- Close and screw the lid on tightly to prevent leaks.

After sample collection

- Make sure the outer container is clean.
- Label the container with:
 - Full name
 - Date of birth
 - Date and time of collection

Deliver your sample

- Take the container to the **Sample Collection Centre** as soon as possible, or by the following morning at the latest.
 - If you cannot take it there straight away, keep it in a cool place.
- Check in with the receptionist.
- Wait for a technician to come and see you. They will make sure they received the sample correctly.

**Don't forget to bring the doctor's referral.*

Hawkesbury and District General Hospital

1111 Ghislain Street, Hawkesbury, ON

K6A 3G5

Sample Collection Centre
Block A, Level 1 (Cardiology)